



Correct your feet. Relieve your pain.

3 EASY STEPS

STEP 1

Line up your heel with the diagram "Place Heel Here"

STEP 2

Choose the letter that indicates the **WIDEST** portion of your foot.

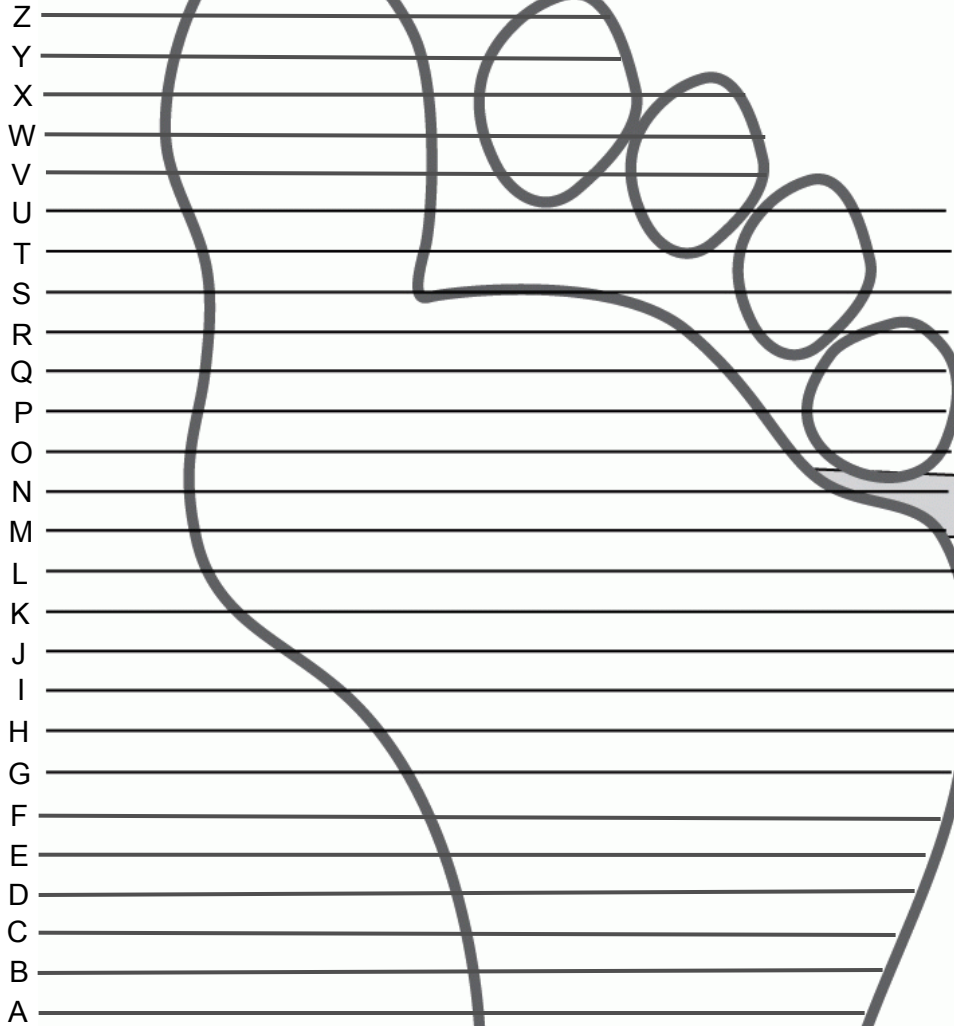
(On this diagram, the letter "N" is located at the widest location of this foot.)

STEP 3

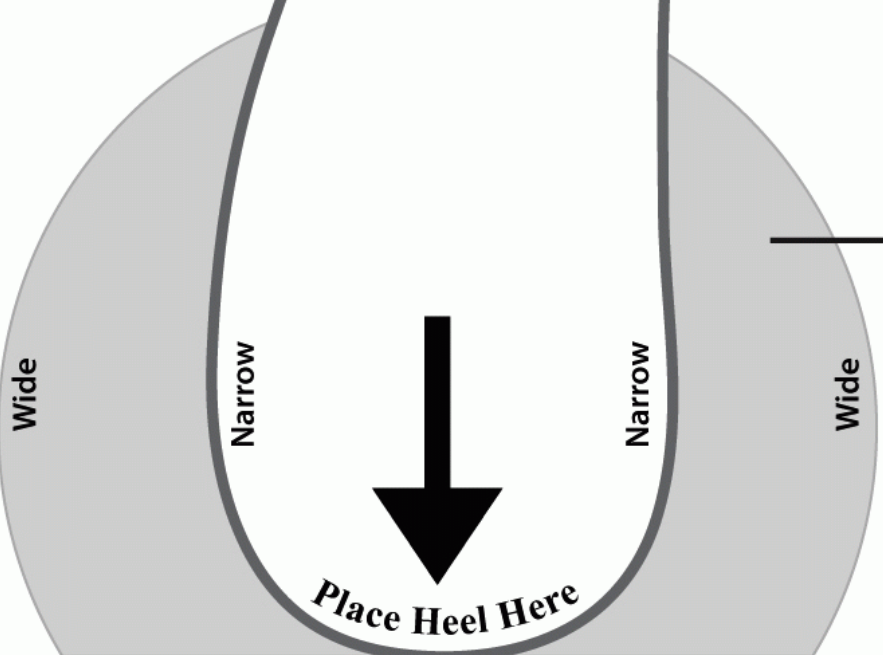
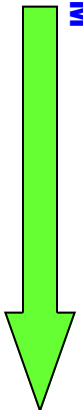
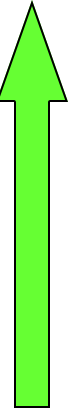
From the Order Page, Click New Customer. Fill in shoe size and your myARCH size from this graph.

Continue with directions online.

The myARCH™ graph is a proprietary measuring system developed by TruStep Health that measures your arch size. This graph does not measure shoe size. The number embossed on your foot correctors that you will soon receive indicates your arch size. Example: If your shoe size is 9, don't be surprised if you receive your TruStep correctors with a size of 10 or 11.



myARCH™
Proprietary Arch Measuring System



If your heel lies in the shaded region, your width is WIDE.